

## Vishnu Sahsranamam

śuklāṁbaradharam viṣṇum śaśivarṇam caturbhujam |  
prasannavadanam dhyāyet sarvavighnōpaśāntaye ||

yasya dviradavaktrādyāḥ pāriṣadyāḥ paraḥ śatam |  
vighnam nighnanti satataṁ viṣvakasenam tamāśraye ||

vyāsaṁ vasiṣṭhanaptāram śakteḥ pautramakalmaṣam |  
parāśarātmajam vamde śukatātam tapōnidhim ||

vyāsāya viṣṇurūpāya vyāsarūpāya viṣṇave |  
namo vai brahmanidhaye vāsiṣṭhāya namo namaḥ ||

avikārāya śuddhāya nityāya paramātmane |  
sadaikarūparūpāya viṣṇave sarvajīṣṇave ||

yasya smaraṇamātreṇa janmasaṁsārabāṁdhanāt |  
vimucyate namastasmai viṣṇave prabhaviṣṇave ||

om̄ namo viṣṇave prabhaviṣṇave

śrī vaiśampāyana uvāca:

śrutvā dharmānašeṣeṇa pāvanāni ca sarvaśaḥ |  
yudhiṣṭhirah śāmtanavam punarevābhyaabhyāṣata ||

śrī yudhiṣṭhira uvāca:

kimekaṁ daivatam lōke kiṁ vāpyekam parāyanam |  
stuvarṁtaḥ kām kamarcāṁtaḥ prāpnuyurmānavāḥ śubham ||

kō dharmah sarvadharmāṇam bhavataḥ paramō mataḥ |  
kiṁ japanmucyate jaṁturjanmasaṁsārabāṁdhanāt ||

jagatprabhūm devadevamanāṁtaṁ puruṣottamam |  
stuvannāmasahasreṇa puruṣaḥ satatōthitaḥ ||

tameva cārcayannityam bhaktyā puruṣamavyayam |  
dhyāyan stuvannamasyaṁśca yajamānastameva ca ||

anādinidhanam viṣṇum sarvalokamaheśvaram |  
lokādhyakṣam stuvannityam sarvaduhkhātīgo bhavet ||

brahmaṇyam̄ sarvadharmajñam̄ lōkānām̄ kīrtivardhanam |  
lōkanātham̄ mahadbhūtam̄ sarvabhūtabhavōdhbhavam ||

eṣa me sarvadharmāṇam̄ dharmōdhikatamō mataḥ |  
yadbhaktyā pumḍarīkākṣam̄ stavairarcennaraḥ sadā ||

paramam̄ yō mahattejaḥ paramam̄ yō mahattapaḥ |  
paramam̄ yō mahadbrahma paramam̄ yaḥ parāyaṇam ||

pavitrāṇam̄ pavitram̄ yō māṃgalānām̄ ca māṃgalam |  
daivataṁ daivatānām̄ ca bhūtānām̄ yo'vyayaḥ pita ||

yataḥ sarvāṇi bhūtāni bhavaṁtyādiyugāgame |  
yasmimśca pralayam̄ yāṁti punareva yugakṣaye ||

tasya lōkapradhānasya jagannāthasya bhūpate |  
viṣṇōrnāmasahasram̄ me śruṇu pāpabhayāpaham ||

yāni nāmāni gauṇāni vikhyātāni mahātmānaḥ |  
ṛṣibhiḥ parīgitāni tāni vakṣyāmi bhūtaye ||

ṛṣirnāmnām̄ sahasrasya vedavyāsō mahāmuniḥ |  
chaṁdōnuṣṭup tathā devō bhagavān devakīsutaḥ ||

amṛtāṁśūdbhavō bījāṁ śaktirdevakināṁdana: |  
trisāmā hṛdayam̄ tasya śāṁtyarthe viniyojyate ||

viṣṇum̄ jiṣṇum̄ mahāviṣṇum̄ prabhaviṣṇum̄ maheśvaram |  
anekarūpa daityāṁtam̄ namāmi puruṣottamam ||

pūrvanyāsaḥ  
śrīvedavyāsa uvāca:

om̄ asya śrī viṣṇōrdivyasahasranāmaṁstōtramahāmaṁtrasya,  
śrī vēdavyāsō bhagavān ṛṣih, anuṣṭup chaṁdah,  
śrīmahāviṣṇuh paramātmā śrīmannārāyaṇō dēvatā,

amṛtāṁśūdbhavō bhānuriti bījam,  
dēvakīnamdanah sraṣṭēti śaktih,  
udhbhavaḥ, kṣobhaṇō dēva iti paramō māmtrah,  
śāṁkhabhṛṇnaṁdakī cakrīti kīlakam,  
śārṅgadhanvā gadādhara ityastram,  
rathāṁgapāṇirakṣōbhya iti nētram,  
trisāmā sāmagah sāmēti kavacam,  
ānaṁdam parabrahmēti yōniḥ,  
ṛtussudarśana: kāla iti digbhaṁdhaḥ,  
śrī viśvarūpa iti dhyānam,  
śrīmahāviṣṇuprītyarthē sahasranāma pārāyaṇē viniyōgaḥ

atha dhyānam

kṣīrōdanvatpradēsē śucimaṇivilasatsaikatē mauktikānāṁ  
mālāklṛptāsanasthaḥ sphaṭikamaṇinibhairmauktikairmāṁ- ḥitāṁgah |  
śubhrairabhairadabhairupariviracitairmuktapīyūṣavarṣaiḥ  
ānaṁdīnah punīyādarinalinagadāśāṁkhapāṇirmukuṁdaḥ ||

bhūḥ pādau yasya nābhīrviyadasuranilaścamdrasūryau ca nētrē  
karṇāvāśāḥ śirō dyaurmukhamapi dahanō yasya vāsōyamabdhiḥ |  
antaḥsthām yasya viśvāṁ suranara khagagōbhōgi gandharvadaityaiḥ  
citraṁ ram̄ ramyatē tam̄ tribhuvanavapusam viṣṇumīśam namāmi ||

śāṁtākāraṁ bhujagaśayanam̄ padmanābham̄ surēśam̄  
viśvādhāraṁ gaganasadr̄śam̄ mēghavarṇam̄ śubhāṁgam |  
lakṣmīkāṁtam̄ kamalanayanam̄ yōgiḥṛddhyānagamyam̄  
vam̄dē viṣṇum̄ bhavabhayaharam̄ sarvalōkaikanātham ||

mēghaśyāmam̄ pītakauśēyavāsam̄  
śrīvatsāṁkam̄ kaustubhōdbhāsitāṁgam |  
puṇyōpētaṁ puṁḍarīkāyatākṣam̄  
viṣṇum̄ vam̄dē sarvalōkaikanātham ||

namaḥ samastabhūtānām  
ādibhūtāya bhūbhṛte |  
anekarūparūpāya

viṣṇave prabhaviṣṇave ||

saśāṁkhacakram sakirīṭakumḍalam  
sapītavastraṁ sarasīruhēkṣaṇam |  
sahāravakṣaḥstala śōbhi kaustubham  
namāmi viṣṇum śirasā caturbhujam ||

chāyāyāṁ pārijātasya hēmasimhāsanōpari  
āsīnamamāmbudaśyāmamāyatākṣamalamkṛtam ||  
camdrānanam caturbāhum śrīvatsāṁkitavakṣasam  
rukmiṇīsatyabhāmābhyaṁ sahitam kṛṣṇamāśrayē ||

### STOTRAM — 1000 NAMES

viśvam viṣṇurvaṣaṭkārō bhūtabhavyabhadvatprabhuḥ |  
bhūtakṛdbhūtabhṛdbhāvō bhūtātmā bhūtabhāvanaḥ || (1)

pūtātmā paramātmā ca muktānāṁ paramā gatiḥ |  
avyayaḥ puruṣaḥ sākṣī kṣetrajñōkṣara eva ca || (2)

yōgō yōgavidāṁ netā pradhānapuruṣeśvaraḥ |  
nārasimhavapuḥ śrīmān keśavaḥ puruṣottamah || (3)

sarvah śarvah śivah sthāṇurbhūtādirnidhiravyayaḥ |  
saṁbhavō bhāvanō bhartā prabhavaḥ prabhurīśvaraḥ || (4)

svayambhūḥ śambhurādityaḥ puṣkarākṣo mahāsvanaḥ |  
anādinidhanō dhātā vidhātā dhāturuttamaḥ || (5)

aprameyō hrṣīkeśaḥ padmanābho'maraprabhuḥ |  
viśvakarmā manusvtaṣṭā sthaviṣṭhaḥ sthaviro dhruvaḥ || (6)

agrāhyah śāsvataḥ kṛṣṇo lōhitākṣaḥ pratardanaḥ |  
prabhūtastrikubdhāma pavitraṁ māmgalāṁ param || (7)

īśānaḥ prāṇadaḥ prāṇo jyeṣṭhaḥ śreṣṭhaḥ prajāpatih |  
hiranyaagarbhō bhūgarbhō mādhavō madhusūdanaḥ || (8)

īśvarō vikramī dhanvī medhāvī vikramah kramah |  
anuttamō durādharṣah kṛtajñah kṛtirātmavān || (9)

sureśah śaraṇam śarma viśvaretāḥ prajābhavaḥ |  
ahaḥ saṁvatsarō vyālaḥ pratyayassarvadarśanaḥ || (10)

ajaḥ sarveśvaraḥ siddhaḥ siddhiḥ sarvādiracyutaḥ |  
vr̥ṣākapirameyātmā sarvayogaṇaviniḥsṛtaḥ || (11)

vasurvasumanāḥ satyaḥ samātmā sammitaḥ samaḥ |  
amōghaḥ puṇḍarīkākṣō vr̥ṣakarmā vr̥ṣākṛtiḥ || (12)

rudrō bahuśirā babhrurviśvayōniḥ śuciśravāḥ |  
amṛtaḥ śāśvataḥ sthāṇurvarārōhō mahātapāḥ || (13)

sarvagaḥ saravidaḥ bhāṇurviśvaksenō janārdanaḥ |  
vedō vedavidavyāṅgō vedāṅgō vedavit kaviḥ || (14)

lōkādhyakṣaḥ surādhyakṣō dharmādhyakṣaḥ kṛtākṛtaḥ |  
caturātmā caturvyūhaścaturdaṁṣṭraścaturbhujāḥ || (15)

bhr̥ājiṣṇurbhōjanam bhōktā sahiṣṇurjagadādijah |  
anaghō vijayō jetā viśvayōniḥ punarvasuh || (16)

upendrō vāmanah prāṁśuramōghaḥ śuciśrūjitaḥ |  
atīndraḥ saṅgrahaḥ sargō dhṛtātmā niyamō yama || (17)

vedyō vaidyaḥ sadāyōgī vīrahā mādhavō madhuḥ |  
atīndriyō mahāmāyō mahōtsāhō mahābalaḥ || (18)

mahābuddhīrmahāvīryō mahāśaktirmahādyutih |  
anirdeśyavapuh śrīmānameyātmā mahādridhṛk || (19)

maheśvāsō mahībhartā śrīnivāsaḥ satāṁ gatiḥ |  
aniruddhaḥ surānandō gōvindō gōvidāṁ patiḥ || (20)

marīcirdamanō haṁsaḥ suparṇō bhujagōttamah |  
hiraṇyanābhaḥ sutapāḥ padmanābhaḥ prajāpati || (21)

amṛtyuh sarvadṛk siṁhaḥ sandhātā sandhimān sthirah |  
ajō durmarṣaṇah sāstā viśrutātmā surārihā || (22)

gururgurutamō dhāmaḥ satyah satyaparākramah |  
nimiṣō nimiṣah sragvī vācaspatirudāradhīḥ || (23)

agraṇīrgrāmaṇīḥ śrīmān nyāyō netā samīraṇah |  
sahasramūrdhā viśvātmā sahasrākṣah sahasrapāt || (24)

āvartanō nivṛttātmā samvṛtaḥ sampramardanah |  
ahaḥ samvartakō vahniranilō dharaṇīdharaḥ || (25)

suprasādaḥ prasannātmā viśvadhr̥giśvabhuḥ |  
satkartā satkṛtaḥ sādhurjahnurnārāyaṇō narah || (26)

asaṅkhyeyō’prameyātmā viśiṣṭah śiṣṭakṛcchuciḥ |  
siddhārthaḥ siddhasaṅkalpaḥ siddhidah siddhisādhanaḥ || (27)

vṛṣāhī vṛṣabhō viṣṇurvṛṣaparvā vṛṣodaraḥ |  
vardhanō vardhamānaśca viviktaḥ śrutiśāgaraḥ || (28)

subhujō durdharō vāgmī mahendrō vasudō vasuh |  
naikarūpō bṛhadrūpaḥ śipiviṣṭah prakāśanah || (29)

ōjastejōdyutidharaḥ prakāśātmā pratāpanah |  
ṛddhaḥ spaṣṭākṣarō mantraścandrāṁśurbhāskaradyutih || (30)

amṛtāṁśūdbhavō bhānuḥ śaśabinduh sureśvarah |  
auṣadham jagataḥ setuh satyadharmaṇaḥ || (31)

bhūtabhavyabhavannāthah pavanaḥ pāvano’nalah |  
kāmahā kāmakṛtkāntah kāmaḥ kāmapradaḥ prabhuḥ || (32)

yugādikṛdyugāvartō naikamāyō mahāśanah |  
adrśyō vyaktarūpaśca sahasrajidanantajit || (33)

iṣṭō’viśiṣṭah śiṣṭeṣṭah śikhaṇḍī nahuṣō vṛṣah |  
krōdhahā krōdhakṛtkartā viśvabāhurmahīdharaḥ || (34)

acyutaḥ prathitah prāṇah prāṇadō vāsavānujah |  
apāmnidhiradhiṣṭhānamapramattah pratiṣṭhitah || (35)

skandah skandadharō dhuryō varadō vāyuvāhanaḥ |  
vāsudevō bṛhadbhānurādidevaḥ purandaraḥ || (36)

aśōkastāraṇastārah śūrah śaurirjaneśvaraḥ |  
anukūlah śatāvartah padmī padmanibhekṣaṇah || (37)

padmanābhōravindākṣah padmagarbhaḥ śarīrabhṛt |  
maharddhīr ṛddhō vṛddhātmā mahākṣō garuḍadhvajah || (38)

atulaḥ śarabhō bhīmaḥ samayañō havirhariḥ |  
sarvalakṣaṇalakṣaṇyō lakṣmīvān samitiñjayaḥ || (39)

vikṣarō rōhitō mārgō heturdamodarassahaḥ |  
mahīdharō mahābhāgō vegavānamitāśanaḥ || (40)

udbhavaḥ, kṣōbhaṇō devaḥ śrīgarbhaḥ parameśvaraḥ |  
karaṇam kāraṇam kartā vikartā gahanō guhaḥ || (41)

vyavasāyō vyavasthānah samsthānah sthānadō dhruvah |  
pararḍdhīḥ paramaspastuṣṭah puṣṭah śubhekṣaṇah || (42)

rāmō virāmō virajō mārgō neyō nayōnayaḥ |  
vīraḥ śaktimatāṁ śreṣṭhō dharmō dharmaviduttamaḥ || (43)

vaikuṇṭhaḥ puruṣaḥ prāṇaḥ prāṇadaḥ praṇavaḥ pṛthuh |  
hiranyaagarbhaḥ śatrughnō vyāptō vāyuradhōkṣajah || (44)

ṛtuḥ sudarśanaḥ kālaḥ parameṣṭhī parigrahaḥ |  
ugraḥ saṁvatsarō dakṣō viśrāmō viśvadakṣiṇaḥ || (45)

vistāraḥ sthāvaraḥsthānuḥ pramāṇam bījamavyayam |  
arthōnarthaḥ mahākōśō mahābhōgō mahādhanaḥ || (46)

anirviṇṇaḥ sthaviṣṭhōbhūrdharmayūpō mahāmakhaḥ |  
nakṣatranemirnakṣatrī kṣamaḥ kṣamaḥ samīhanaḥ || (47)

yajña ijyō mahejyaśca kratuh satram satām gatiḥ |  
sarvadarśī vimuktātmā sarvajñō jñānamuttamam || (48)

svvrataḥ sumukhaḥ sūkṣmaḥ sughōṣaḥ sukhadaḥ suhṛt |  
manōharō jitakrōdhō vīrabāhurvidāraṇaḥ || (49)

svāpanaḥ svavaśo vyāpī naikātmā naikakarmakṛt |  
vatsaro vatsalo vatsī ratnagarbho dhaneśvaraḥ || (50)

dharmaṇubdharmakṛddharmī sadasatkṣaramakṣaram |  
avijñātā sahasrāṁśurvidhātā kṛtalakṣaṇaḥ || (51)

gabhaṇtinemiḥ sattvasthaḥ siṁhō bhūtamahaśvaraḥ |  
ādidevō mahādevō deveśō devabhṛdguruḥ || (52)

uttarō gopatirgōptā jñānagamyah purātanaḥ |  
śarīrabhūtabhṛdbhōktā kapīndrō bhūridakṣināḥ || (53)

somapō'mṛtapaḥ sōmaḥ purujit purusattamaḥ |  
vinayō jayaḥ satyasandhō dāśārhassātvatām patiḥ || (54)

jīvo vinayitā sākṣī mukundo'mitavikramaḥ |  
ambhonidhiranantātmā mahodadhiśayo'ntakah || (55)

ajō mahārhaḥ svābhāvyō jitāmitraḥ pramōdanaḥ |  
ānandō nandanō nandaḥ satyadharmā trivikramaḥ || (56)

mahaśih kapilācāryaḥ kṛtajñō medinīpatiḥ |  
tripadastridaśādhyakṣō mahāśringaḥ kṛtāntakṛt || (57)

mahaśvarāhō gōvindāḥ suṣeṇaḥ kanakāṅgadī |  
guhyō gabhīrō gahanō guptaścakragadādharaḥ || (58)

vedhāḥ svāṅgo'jitaḥ kṛṣṇo dṛḍhaḥ saṅkarṣaṇo'cyutaḥ |  
varuṇo vāruṇo vṛukṣaḥ puṣkarākṣo mahāmanāḥ || (59)

bhagavān bhagahānandī vanamālī halāyudhaḥ |  
ādityō jyotiśādityaḥ sahiṣṇurgatisattamaḥ || (60)

sudhanvā khaṇḍaparaśurdāruṇō draviṇapradah |  
divasprk sarvadṛgvyāsō vācaspatirayōnijah || (61)

trisāmā sāmagah sāma nirvāṇam bheṣajam bhiṣak |  
saṁnyāsaṅcchamaśyāntō niṣṭhā śāntih parāyaṇam || (62)

śubhāṅgaḥ śāntidah sraṣṭā kumudah kuvaleśayah |  
gōhitō gōpatirgōptā vr̄ṣabhākṣō vr̄ṣapriyah || (63)

anivartī nivṛttātmā saṁkṣeptā kṣemakṛcchivah |  
śrīvatsavakṣah śrīvāsaḥ śrīpatih śrīmatām varah || (64)

śrīdaḥ śrīśah śrīnivāsaḥ śrīnidhiḥ śrīvibhāvanaḥ |  
śrīdharaḥ śrīkaraḥ śreyah śrīmān lōkatrayāśrayah || (65)

svakṣah svaṅgaḥ śatānañdō nañdirjyōtirgaṇeśvaraḥ |  
vijitātmā vidheyātmā satkīrtiśchinnasamśayah || (66)

udīrṇah sarvataścakṣuraniśah śāśvatasthiraḥ |  
bhūśayō bhūṣaṇō bhūtirviśōkah śōkanāśanaḥ || (67)

arcīsmānarciṭah kumbhō viśuddhātmā viśōdhanah |  
aniruddhōpratirathaḥ pradyumnōmitavikramah || (68)

kālaneminihā vīraḥ śauriḥ śūrajaneśvaraḥ |  
trilōkātmā trilōkeśah keśavaḥ keśihā hariḥ || (69)

kāmadevaḥ kāmapālaḥ kāmī kāntah kṛtāgamaḥ |  
anirdeśyavapurviṣṇurvīrōnantō dhanañjayah || (70)

brahmaṇyō brahmakṛdbrahmā brahma brahmavividhānaḥ |  
brahmavidbrāhmaṇō brahmī brahmajñō brāhmaṇapriyah || (71)

mahākramō mahākarmā mahātejā mahōragah |  
mahākraturmahāyajvā mahāyajñō mahāhavih || (72)

stavyah stavapriyah stōtraṁ stutih stōtā raṇapriyah |  
pūrṇah pūrayitā puṇyah puṇyakīrtiranāmayaḥ || (73)

manōjavastīrthakarō vasuretā vasupradah |  
vasupradō vāsudevō vasurvasumanā haviḥ || (74)

sadgatiḥ satkṛtiḥ sattā sadbhūtiḥ satparāyaṇah |  
śūrasenō yaduśreṣṭhaḥ sannivāsaḥ suyāmunah || (75)

bhūtāvāsō vāsudevaḥ sarvāsunilayōnalah |  
darpaḥā darpadō dṛptō durdharōthāparājitaḥ || (76)

viśvamūrtirmahāmūrtidīptamūrtiramūrtimān |  
ane kamūrtiravyaktaḥ śatamūrtih śatānanah || (77)

ekō naikaḥ savah kaḥ kim yattatpadamanuttamam |  
lōkabandhurlōkanāthō mādhavō bhaktavatsalah || (78)

suvarṇavarṇō hemāṅgō varāṅgaścandanāṅgadī |  
vīrahā viṣamah śūnyō ghṛtāśīracalaścalah || (79)

amānī mānadō mānyō lōkasvāmī trilōkadhr̥t |  
sumedhā medhajō dhanyah satyamedhā dharādharaḥ || (80)

tejōvṛṣō dyutidharah sarvaśastrabhṛtāṁ varah |  
pragrahō nigrahō vyagrō naikaśṛṅgō gadāgraḥ || (81)

caturmūrtiścaturbāhuścaturvyūhaścaturgatiḥ |  
caturātmā caturbhāvaścaturvedavidekapāt || (82)

samāvartō nivṛttātmā durjayō duratikramah |  
durlabhō durgamō durgō durāvāsō durārihā || (83)

śubhāṅgō lōkasāraṅgah sutantustantuvardhanaḥ |  
indrakarmā mahākarmā kṛtakarmā kṛtāgamah || (84)

udbhavaḥ sundarah sundō ratnanābhaḥ sulōcanah |  
arkō vājasanaḥ śṛṅgī jayantaḥ sarvavijjayī || (85)

suvarṇabindurakṣōbhyah sarvavāgīśvareśvaraḥ |  
mahāhradō mahāgartō mahābhūtō mahānidhiḥ || (86)

kumudah kundarah kundah parjanyaḥ pāvano’nilah |  
amṛtāśōmṛtavapuh sarvajñah sarvatōmukhaḥ || (87)

sulabhaḥ suvrataḥ siddhaḥ śatrujicchatrutāpanaḥ |  
nyagrodho’dumbaro’śvatthaścāṇūrāndhraniṣūdanaḥ || (88)

sahasrārcih saptajihvaḥ saptaidhāḥ saptavāhanaḥ |  
amūrtiranaghōcintyō bhayakṛdbhayanāśanaḥ || (89)

aṇurbṛhatkrśaḥ sthūlō guṇabhrnnirguṇo mahān |  
adṛtassvadṛtasvāyaḥ prāgvamśo vamśavardhanaḥ || (90)

bhārabhṛt kathitō yōgī yōgīsaḥ sarvakāmadaḥ |  
āśramaḥ śramaṇaḥ, kṣāmaḥ suparṇo vāyuvāhanaḥ || (91)

dhanurdharō dhanurvedō daṇḍō damayitā damaḥ |  
aparājitassarvasahō niyatā niyamō yamaḥ || (92)

sattvavān sāttvikaḥ satyaḥ satyadharmaṇaḥ |  
abhiprāyah priyārha’rhaḥ priyakṛt pritivardhanaḥ || (93)

vihāyasagatirjyōtiḥ surucirhutabhugvibhuḥ |  
ravirvirōcanāḥ sūryaḥ savitā ravilöcanāḥ || (94)

anantō hutabhugbhōktā sukhadō naikajōgrajah |  
anirviṇṇaḥ sadāmarṣī lōkādhiṣṭhānamadbhutaḥ || (95)

sanātsanātanatamaḥ kapilaḥ kapiravyayaḥ |  
svastidaḥ svastikṛtsasti svastibhuksvastidakṣināḥ || (96)

araudraḥ kundalī cakrī vikramyūrjitaśāsanaḥ |  
śabdātigāḥ śabdasaḥaḥ śisiraḥ śarvarīkaraḥ || (97)

akrūraḥ peśalō dakṣō dakṣināḥ, kṣamiṇāṁ varah |  
vidvattamō vītabhayaḥ puṇyaśravaṇakīrtanaḥ || (98)

uttāraṇō duṣkṛtihā puṇyō duḥsvapnanāśanaḥ |  
vīrahā rakṣaṇassantō jīvanaḥ paryavasthitāḥ || (99)

anantarūpōnantaśrījitamanyurbhayāpahaḥ |  
caturaśrō gabhīrātmā vidiśō vyādiśō diśaḥ || (100)

anādirbhūrbhuvō lakṣmīssuvīrō rucirāṅgadaḥ |  
jananō janajanmādirbhīmō bhīmaparākramah || (101)

ādhāranilayōdhātā puṣpahāsaḥ prajāgarah |  
ūrdhvagassatpathācāraḥ prāṇadaḥ prāṇavaḥ paṇaḥ || (102)

pramāṇam prāṇanilayah prāṇabhṛt prāṇajīvanaḥ |  
tattvam tattvavidekātmā janmamṛtyujarātigaḥ || (103)

bhūrbhuvaḥsvastarustāraḥ savitā prapitāmahaḥ |  
yajñō yajñapatiryajvā yajñāṅgō yajñavāhanaḥ || (104)

yajñabhr̥dyajñakṛdyajñī yajñabhugyajñasādhanaḥ |  
yajñāntakṛdyajñaguhyamannamannāda eva ca || (105)

ātmayōniḥ svayamjātō vaikhānaḥ sāmagāyanaḥ |  
devakīnandanaḥ sraṣṭā kṣitīśaḥ pāpanāśanaḥ || (106)

śaṅkhabhṛnnandakī cakrī śārṅgadhanvā gadādharaḥ |  
rathāṅgapāṇirakṣōbhyaḥ sarvapraharaṇāyudhaḥ || (107)

sarvapraharaṇāyudha om̄ nama iti

vanamālī gadī śārṅgī śaṅkhī cakrī ca nandakī |  
śrīmān nārāyaṇō viṣṇurvāsudevōbhiraṅkṣatu || (108)

śrī vāsudevo’bhiraṅkṣatu om̄ nama iti

## PHALASHRUTHI

uttaranyāsaḥ  
bhīṣma uvāca -

itīdāṁ kīrtanīyasya keśavasya mahātmanaḥ |  
nāmnāṁ sahasram divyānāmašeṣeṇa prakīrtitam || (1)

ya idam śṛṇuyānnityam yaścāpi parikīrtayet |  
nāśubham prāpnuyāt kiñcit sōmutreha ca mānavah || (2)

vedāntagō brāhmaṇah syāt kṣatriyō vijayī bhavet |  
vaiśyo dhanasamṛddhah syācchūdraḥ sukhamaṇapnuyāt || (3)

dharmaṇthī prāpnuyāddharmam arthaṇthī cārthamāpnuyāt |  
kāmānavāpnuyātkāmī prajārthī prāpnuyātprajām || (4)

bhaktimān yaḥ sadotthāya śucistadgatamānasah |  
sahasram vāsudevasya nāmnāmetat rakīrtayet || (5)

yaśah prāpnōti vipularām yāti prādhānyameva ca |  
acalām śriyamāpnōti śreyah prāpnōtyanuttamam || (6)

na bhayaṁ kvacidāpnōti vīryaṁ tejaśca viṁdati |  
bhavatyarōgō dyutimān balarūpaguṇānvitah || (7)

rōgārtō mucyate rōgādbaddhō mucyeta bandhanāt |  
bhayaṁmucyeta bhītastu mucyetāpanna āpadah || (8)

durgāṇyatitaratyāśu puruṣah puruṣottamam |  
stuvannāmasahasreṇa nityam bhaktisamanvitah || (9)

vāsudevāśrayō martyō vāsudevaparāyaṇah |  
sarvapāpaviśuddhātmā yāti brahma sanātanam || (10)

na vāsudevabhaktānāmaśubham vidyate kvacit |  
janmamṛtyujarāvyādhibhayaṁ naivōpajāyate || (11)

imam stavamadhīyānah śraddhābhaktisamanvitah |  
yujuṭetātmāsukhakṣāmtiśīḍhṛtismṛṭikīrtibhiḥ || (12)

na krōdhō na ca mātsaryaṁ na lōbhō nāśubhā matih |  
bhavanti kṛtapuṇyānām bhaktānām puruṣottame || (13)

dyaussacandrārkanakṣatrā khaṁ diśō bhūrmahōdadhiḥ |  
vāsudevasya vīryeṇa vidhṛtāni mahātmanah || (14)

sasurāsuragandharvam̄ sayakṣōragarākṣasam |  
jagadvaśe vartatedam̄ kṛṣṇasya sacarācaram || (15)

indriyāṇi manō buddhiḥ sattvam̄ tejō balam̄ dhṛtiḥ |  
vāsudevātmakānyāhuḥ, kṣetram̄ kṣetrajña eva ca || (16)

sarvāgamānāmācāraḥ prathamam̄ parikalypate |  
ācāraprabhavō dharmō dharmasya prabhuracyutaḥ || (17)

r̄ṣayah pitarō devā mahābhūtāni dhātavaḥ |  
jaṅgamājaṅgamam̄ cedam̄ jagannārāyaṇōdbhavam || (18)

yōgō jñānam̄ tathā sāmkhyam̄ vidyāḥ śilpādikarma ca |  
vedāśśāstrāṇi vijñānametatsarvam̄ janārdanāt || (19)

ekō viṣṇurmahadbhūtam̄ pṛthagbhūtānyanekaśah |  
trīn-lōkānvypa bhūtātmā bhuṇkte viśvabhuगवयाः || (20)

imam̄ stavam̄ bhagavatō viṣṇōrvyāsenā kīrtitam |  
paṭhedya icchetpuruṣah śreyah prāptum̄ sukhāni ca || (21)

viśveśvaramajam̄ devam̄ jagataḥ prabhavāpyayam |  
bhajanti ye puṣkarākṣam̄ na te yānti parābhavam || (22)

na te yānti parābhavam om̄ nama iti

arjuna uvāca:  
padmapatraviśālākṣa padmanābha surottama |  
bhaktānāmanuraktānāṁ trātā bhava janārdana || (23)

śrī bhagavānuvāca:  
yō māṁ nāmasahasrēṇa stōtumicchatī pāṁḍava |  
sōhamēkēna ślōkēna stuta ēva na samśayaḥ || (24)

stuta eva na samśaya om̄ nama iti

v्यासा uvāca:  
vāsanādvāsudēvasya vāsitam̄ tē jagatrayam |

sarvabhūtanivāsōsi vāsudēva namōstu tē || (25)

śrīvāsudēva namōstuta ūṁ nama iti

pārvatyuvāca:

kēnōpāyēna laghunā viṣṇōrnāmasahasrakam |

paṭhyatē paṁḍitairnityam śrōtumicchāmyaham prabhō || (26)

īśvara uvāca:

rīrāma rāma rāmēti ramē rāmē manōramē |

sahasranāmatattulyam rāmanāma varānanē || (27)

(Chant this shloka 3 times)

śrī rāmanāma varānana ūṁ nama iti

brahmōvāca:

namōstvanaṁtāya sahasramūrtayē sahasrapādākṣiśirōrubāhavē |

sahasranāmnē puruṣāya śāśvatē sahasrakōṭiyugadhāriṇē namaḥ || (28)

saḥasrakōṭiyugadhāriṇē nama ūṁ nama iti

sanjaya uvāca:

yatra yōgēśvarah kṛṣṇō yatra pārthō dhanurdharaḥ |

tatra śrīvijayō bhūtirdhruvā nītīmatirmama || (29)

śrībhagavānuvāca:

ananyāścimtayaṁtō māṁ yē janāḥ paryupāsatē |

tēśāṁ nityābhiyuktānāṁ yōgakṣemāṁ vahāmyaham || (30)

paritrāṇāya sādhūnāṁ vināśāya ca duṣkṛtām |

dharmaśāṁsthāpanārthāya sāmbhavāmi yugē yugē || (31)

ārtā viṣaṇūnāḥ śithilāśca bhītāḥ ghōrēṣu ca vyādhiṣu vartamānāḥ |

samkīrtya nārāyaṇaśabdamātram vimuktaduḥkhāḥ sukhinōbhavaṁti || (32)

kāyena vācā manaseṁdriyairvā budhyātmanā vā prakṛteḥ svabhāvāt |

karomi yadyat sakalam parasmai nārāyaṇāyeti samarpayāmi || (33)

Om Tat Sat.