

## Aditya Hrudayam

### **dhyānam**

namassavitrē jagadēka chakṣusē  
jagatprasūti sthiti nāśahētavē  
trayīmayāya triguṇātma dhāriṇē  
viriñchi nārāyaṇa śaṅkarātmanē

tatō yuddha pariśrāntaṃ samarē chintayāsthitam |  
rāvaṇaṃ chāgratō dṛṣṭvā yuddhāya samupasthitam ||1||

daivataiścha samāgamyā draṣṭumabhyāgatō raṇam |  
upāgamyābravīdrāmaṃ agastyō bhagavān ṛṣiḥ ||2||

rāma rāma mahābāhō śṛṇu guhyaṃ sanātanam |  
yēna sarvānarīn vatsa samarē vijayiṣyasi ||3||

ādityahṛdayaṃ puṇyaṃ sarvaśatru-vināśanam |  
jayāvahaṃ japēnnityaṃ akṣayyaṃ paramaṃ śivam ||4||

sarvamaṅgala-māṅgalyaṃ sarvapāpa-praṇāśanam |  
chintāsōka-praśamanaṃ āyurvardhanamuttamam ||5||

raśmimantaṃ samudyantaṃ dēvāsura namaskṛtam |  
pūjayasva vivasvantaṃ bhāskaraṃ bhuvanēśvaram ||6||

sarvadēvātmakō hyēṣa tējasvī raśmibhāvanaḥ |  
ēṣa dēvāsura-gaṇān lōkān pāti gabhastibhiḥ ||7||

ēṣa brahmā cha viṣṇuścha śivaḥ skandaḥ prajāpatiḥ |  
mahēndrō dhanadaḥ kālō yamaḥ sōmō hyapāṃ patiḥ ||8||

pitarō vasavaḥ sādhyā hyaśvinau marutō manuḥ |  
vāyurvahniḥ prajāprāṇaḥ ṛtukartā prabhākaraḥ ||9||

ādityaḥ savitā sūryaḥ khagaḥ pūṣā gabhastimān |  
suvarṇasadrṣō bhānuḥ hiraṇyarētā divākaraḥ ||10||

haridaśvaḥ sahasrārchiḥ saptasapti-rmarīchimān |  
timirōnmathanaḥ śambhuḥ tvaṣṭā mārtaṇḍakōṃ'sumān ||11||

hiraṇyagarbhaḥ śísiraḥ tapanō bhāskarō raviḥ |  
agnigarbhō'ditēḥ putraḥ śaṅkhaḥ śísiranāśanaḥ ||12||

vyōmanātha-stamōbhēdī ṛgyajuḥsāma-pāragah |  
ghanāvṛṣṭirapāṃ mitraḥ vindhyavīthī plavaṅgamaḥ ||13||

ātapī maṇḍalī mṛtyuḥ piṅgalaḥ sarvatāpanaḥ |  
kavirviśvō mahātējā raktaḥ sarvabhavōdbhavaḥ ||14||

nakṣatra graha tārāṇāṃ adhipō viśvabhāvanaḥ |  
tējasāmapī tējasvī dvādaśātma-nnamō'stu tē ||15||

namaḥ pūrvāya girayē paśchimāyādrayē namaḥ |  
jyōtirgaṇānāṃ patayē dinādhipatayē namaḥ ||16||

jayāya jayabhadrāya haryaśvāya namō namaḥ |  
namō namaḥ sahasrāṃśō ādityāya namō namaḥ ||17||

nama ugrāya vīrāya sāraṅgāya namō namaḥ |  
namaḥ padmaprabōdhāya mārtaṇḍāya namō namaḥ ||18||

brahmēsānāchyutēsāya sūryāyāditya-varchasē |  
bhāsvatē sarvabhakṣāya raudrāya vapuṣē namaḥ ||19||

tamōghnāya himaghnāya śatrughnāyā mitātmanē |  
kṛtaghnaghnāya dēvāya jyōtiṣāṃ patayē namaḥ ||20||

tapta chāmīkarābhāya vahnayē viśvakarmaṇē |  
namastamō'bhi nighnāya ravayē lōkasākṣiṇē ||21||

nāśayatyēṣa vai bhūtāṃ tadēva sṛjati prabhuḥ |  
pāyatyēṣa tapatyēṣa varṣatyēṣa gabhastibhiḥ ||22||

ēṣa suptēṣu jāgarti bhūtēṣu pariniṣṭhitaḥ |  
ēṣa ēvāgnihōtraṃ cha phalaṃ chaivāgni hōtriṇām ||23||

vēdāscha kratavaśchaiva kratūnāṃ phalamēva cha |  
yāni kṛtyāni lōkēṣu sarva ēṣa raviḥ prabhuḥ ||24||

### **phalaśrutiḥ**

ēna māpatsu kṛchChrēṣu kāntārēṣu bhayēṣu cha |

kīrtayan puruṣaḥ kaśchinnāvaśīdati rāghava ||25||

pūjayasvaina mēkāgraḥ dēvadēvaṃ jagatpatim |  
ētat triguṇitaṃ japtvā yuddhēṣu vijaiṣyasi ||26||

asmin kṣaṇē mahābāhō rāvaṇaṃ tvaṃ vadhiṣyasi |  
ēvamuktvā tadāgastyō jagāma cha yathāgatam ||27||

ētachChrutvā mahātējāḥ naṣṭaśōkō'bhavattadā |  
dhārayāmāsa supṛītaḥ rāghavaḥ prayatātmavān ||28||

ādityaṃ prēkṣya japtvā tu paraṃ harṣamavāptavān |  
trirāchamya śuchirbhūtvā dhanurādāya vīryavān ||29||

rāvaṇaṃ prēkṣya hr̥ṣṭātmā yuddhāya samupāgamat |  
sarvayatnēna mahatā vadhē tasya dhṛtō'bhavat ||30||

adha raviravadannirīkṣya rāmaṃ muditamanāḥ paramaṃ prahr̥ṣyamāṇaḥ |  
niśīcharapati saṅkṣayaṃ viditvā suragaṇa madhyagatō vachastvarēti ||31||

ityārṣē śrīmadrāmāyaṇē vālmikiyē ādikāvye yuddhakāṇḍē pañchādhika śatatamaḥ  
sargaḥ ||

Om Tat Sat